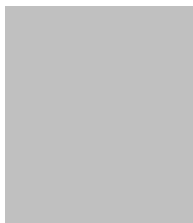


## PERSONAL INFORMATION

## Irene Castresana Casamayor



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 irune.castresana.casamayor@gmail.com

Sex F | Date of birth 08/10/2003 | Nationality Spanish

JOB APPLIED FOR  
POSITION

## Social Integrator

## WORK EXPERIENCE

October – November 2023

## Educational support practices

Cáritas Bizkaia,

- Reception and accompaniment.
- Care for people in situations of vulnerability.
- Homework support.
- Planning and implementation of free time activities.

October – November 2023

## Leisure and free time with older people

Cáritas Bizkaia,

- Accompaniment.
- Creation and implementation of leisure and free time activities.
- Attention to basic needs.

March – May 2023

## Job coach internship

GAUDE company,

- Accompaniment in the workplace.
- Development of support materials and adaptations.
- Participation in follow-up tutoring

Community service sector

## EDUCATION AND TRAINING

September 2022 – Jun 2023

## Higher level training cycle in social integration

Calasanz Lanbide Ikastegia, Santurtzi

- Social and Labor Insertion.
- Support for Educational Intervention.
- First Aid.
- Social skills.

September 2020 – February 2022

## High school in social sciences

Ballonti High School,

- English
- Basque
- Mathematics
- Business economics
- Geography

## PERSONAL SKILLS

Mother tongue(s) Spanish

Other language(s)

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken interaction	Spoken production	
English	Independent user	Independent user	Independent user	Independent user	Independent user
	Replace with name of language certificate. Enter level if known.				
Basque	Proficient user	Proficient user	Independent user	Independent user	Independent user
	Replace with name of language certificate. Enter level if known.				

Levels: A1/2: Basic user - B1/2: Independent user - C1/2 Proficient user  
Common European Framework of Reference for Languages

Communication skills

- Good communication skills gained from oral presentations.
- Good active listening skills gained because of my first social integration course.
- Good ability to use visual aids acquired from presentations.
- Good use of my non-verbal language acquired from presentations and personal learning.

Organisational / managerial skills

- Good leadership due to the organisation and dynamisation of a group of 15 people.
- Good planning due to the organisation of events such as Azoka, Inclusive Olympics and the Serantes mountain climb.

Job-related skills

- Good active listening skills gained because of my first social integration course.
- Good command of self-regulation due to personal work done in the notebook "NIGAN".

Computer skills

- Good command of Microsoft Office™ tools.
- Good command of different presentation creation tools such as Canva, Prezi, PowerPoint.
- Good command of website creation applications such as Wix.

Other skills

- Handicraft creation.
- Drawing.

ADDITIONAL INFORMATION

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## Projects

- Solidarity market for people with limited resources.
- Climb to Serantes mountain promoting a day of coexistence.
- Inclusive Olympics project for children with functional diversity.

## Courses

- Occupational risk prevention course.
- Food handling course.

## References

Reference from my internship tutor at GAUDE.  
Contact of the reference person: [lirioflores@deusto.es](mailto:lirioflores@deusto.es)